

Lung Cancer Screening

Lung cancer is the leading cause of cancer death in the United States. Could you be at risk for lung cancer?

If you've smoked heavily or smoked for many years, the answer is "yes." Smoking puts you at risk even if you no longer smoke or do not have any symptoms.

Take advantage of Aurora BayCare Medical Center's Lung Cancer Screening program. The screening costs \$99 and you do not need a physician order.

What is lung cancer screening?

Screening looks for cancer before a person has any symptoms, finding it at an early stage. When abnormal tissue or cancer is found early, it may be easier to treat. Too often, by the time symptoms appear, cancer may have already begun to spread.

Recently, the National Cancer Institute conducted a *National Lung Screening Trial* comparing two ways of detecting lung cancer: low-dose helical computed tomography (CT) and standard chest X-ray. Scientists found a 20% reduction in deaths from lung cancer among current or former heavy smokers who were screened with CT versus those screened by chest X-ray.

Aurora BayCare's Lung Cancer Screening consists of a CT scan of your chest, which will then be reviewed by a radiologist and the results sent to you in the mail.

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Anyone who feels at risk can be screened

Here are some basic risk factors

- Current smokers 55 to 74 years of age
- 30 pack-year history of cigarette smoking or higher (pack-year history = number of cigarettes smoked per day x number of years smoked)
- Former smokers who have quit within the past 15 years

How do I get screened?

- Call Aurora BayCare's Lung Cancer Screening program at 920-288-3300 to make an appointment
- Hours are 7 a.m. to 6 p.m. Monday through Friday, with after hours and weekend appointments available
- You do not need a physician order for this screening
- At the time of your appointment, you will be asked to pay \$99 to cover the cost of your scan
- Insurance *may not* cover the cost of this screening

How do I get the results of my scan?

After your scan, you should receive a letter in the mail within 7 days with your results. This letter will include the scan findings, as well as follow-up recommendations from one of our providers. If you have questions regarding your results or have not received a letter in the mail, please call 920-288-8100 and ask to speak with a pulmonary medicine nurse.

What if I still have questions?

If you have other questions or concerns about the screening, please contact cancer nurse navigator Lyndsay Nickolai, RN, MSN, at 920-288-4151.

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